

Congratulations to Gainesville's Healthiest Workplaces

They Completed the Gainesville on the Go Walking Program and logged in over 385,000 miles!

These companies and organizations have made the commitment to improving the health and wellness of their employees – a win-win situation for individual health and company gain. They can expect lower health care costs, improved productivity, fewer medical claims, and reduced absenteeism.



If your company is interested in participating in future Well City events, please call Debbie Lee at 377-4955 or Marilyn Tubb at 265-0664.

- Gainesville on The Go Participants:**
- Gainesville Health & Fitness Centers
 - Shands HealthCare
 - Gainesville Area Chamber of Commerce
 - North Florida Regional Medical Center
 - University of Florida: College of Health & Human Performance, Recreational Sports, and Living Well
 - University of Florida Foundation
 - City of Gainesville
 - Alachua County Government
 - Santa Fe Community College
 - CH2M HILL
 - Nationwide Insurance-Gainesville Customer Service Center
 - The Gainesville Sun
 - Regeneration Technologies
 - Naylor Publications
 - Barr Systems
 - AvMed Health Plans
 - Clariant, LSM (Florida) Inc.
 - Alachua County Public Health Dept.
 - Tacachale
 - Department of Children & Families
 - Exactech
 - James Moore & Company
 - Meridian Behavioral Health Care
 - CNB National Bank
 - North Florida Evaluation & Treatment Center
 - ACORN Clinic
 - Tutogen Medical, US, Inc
 - Koogler & Associates
 - Fringe Benefit Coordinators
 - McGurn Management Company
 - Brittany Estates
 - Nordstrom
 - Florida Farm Bureau
 - Environmental Consulting & Technology, Inc.
 - Residence Inn by Marriott
 - UF Department of Pediatrics
 - Florida Septic, Inc.
 - Dragonfly Graphics

Participating Schools:

- Lincoln Middle
- Mebane Middle
- Oak View Middle
- Ft. Clarke Middle
- Kanapaha Middle
- Westwood Middle
- Buchholtz High
- Waldo Community
- Archer Community
- Horizon Center
- Loften Center
- A. Quinn Jones
- Norton Elementary
- Hidden Oak Elementary
- Littlewood Elementary
- JJ Finley Elementary
- Hidden Oak Elementary
- Chiles Elementary
- Stephen Foster Elementary
- Irby Elementary
- High Springs Elementary
- Idylwild Elementary
- Wiles Elementary
- Duval Elementary
- Williams Elementary
- Shell Elementary
- Lake Forest Elementary
- Sidney Lanier/Anchor Center
- Glen Springs Elementary
- Newberry Elementary
- Terwilliger Elementary
- Talbot Elementary
- Newberry Elementary
- Prairie View Elementary
- Rawlings Elementary
- Youth Services of SBAC
- Camp Crystal
- Kirby Smith Administrative Offices
- Fearnside Family Services



Walking for a healthier community —

Thank you to all who donated, sponsored or walked on March 27 in the Gainesville WalkAmerica. 800 Shands HealthCare and the University of Florida Health Science Center employees made up 28 teams and raised more than \$83,000 for the March of Dimes — an Alachua County WalkAmerica record.



Shands WalkAmerica Team



Working for a better community —

Employees of GRU and Sun Trust pose at their March of Dimes Spirit Station. At the Spirit Station, GRU promoted their renewable energy service including information about GRUgreen Energy in the goodie bags. For people on the go, supporting GRUgreen Energy is an easy and effective way to help preserve the environment for our community's children.



Supporting our community —

The Gainesville Sun was a proud sponsor of the Gainesville on the Go walking program and the March of Dimes WalkAmerica. Sun employees logged more than 6,343,243 steps and fielded a WalkAmerica team as part of its well workplace activities.



Gainesville Sun Wellness Team includes (back row, left to right) Lynn Reynolds, Sherry Gersten, Tim Davis, Judy Follin, Pat Chamburs, Roberta Lehr and Diane Chun. Not pictured: Raymond Ferrara, Karen Bass and Eva Del Rio



Special thanks to Gainesville on the Go sponsors —



Partners together for a better community